

FACILITIES FOR CYCLISTS IN MIDLOTHIAN

Updated April 2017



Food, drink, attractions, services and help for cyclists in Midlothian

The businesses and organisations listed below welcome visitors and customers who use bicycles. We now show the **Saturday and Sunday opening times** for cafes, restaurants, and take-aways, so if you want a bite before you start your ride, or a rest stop, you can see who's open when. We're also adding **"Bike parking"** where we know about it.

Cafés, restaurants and take-aways: *if you're counting on a specific place being open, phone ahead to check opening days and times; groups please consider placing orders in advance.*

(* holder of VisitScotland Cyclists Welcome Award)

Town/village	Business	Address	Postcode	Phone	Opens Sat	Opens Sun
Auchendinny	Nest Cafe	Glencorse Community Centre, 4 Firth Road	EH26 0QZ	01968 670264	Closed	Closed
Bonnyrigg/ Eskbank	Beetroot Bar & Grill	33 Polton Street	EH19 3HB	0131 663 0616	10.00	10.00
	Costa Coffee in Tesco Supermarket	Bonnyrigg Road, Eskbank (Bike parking)	EH22 3PP	0345 677 9205	7.00	8.00
	Eskbank Trading (take-away)	Station Road, Eskbank	EH22 3EU	0131 663 3442	7.00	7.00
Dalkeith	Café Continental	27 Jarnac Court (Bike parking in High St)	EH22 1HU	0131 663 2106	7.00	Closed
	Café Troy	15 Jarnac Court (Bike parking in High St)	EH22 1HU	0131 663 5234	7.00	Closed
	Coffee Express	9 Eskdail Court (Bike parking in square)	EH22 1AG	0131 660 4911	7.00	9.00
	Coffee Shop, St Nicholas Buccleuch Church www.stnicholasbuccleuch.org.uk	119 High Street, Dalkeith	EH22 1AX	0131 660 3587	10.00	Closed
	Cuneo's Café & Takeaway	4 Woodburn Avenue	EH22 8BP	0131 660 0131	9.30	Closed
	Dalkeith Country Park Restoration Café and Coffee Bar www.restorationyard.com	Dalkeith Country Park, Dalkeith (Bike parking near Coffee Bar, opposite Orangerie)	EH22 2NA	0131 322 2572	9.30	9.30

(Dalkeith)	Itihaas Restaurant	17-19 Eskbank Road	EH22 1HT	0131 663 9800	12.00	12.00
	Morrison's Supermarket cafe	Eskbank Road, (Bike parking in car park)	EH22 1HQ	0131 341 3043	7.00	8.00
Damhead	The Secret Herb Garden www.secretherbgarden.co.uk	32a Old Pentland Road	EH10 7EA	0131 445 5888	10.00	10.00
Danderhall	Beijing Banquet www.beijingbanquet.com	17 Maulsford Avenue	EH22 1PJ	0131 663 6999	12.00	12.30
Flotterstone	Flotterstone Inn www.flotterstoneinn.com	Milton Bridge, Penicuik (A702 Biggar Road)	EH26 0PP	01968 673717	10.15	10.15
Gorebridge	Kate's Bakery	117a Hunterfield Road	EH23 4TU	01875 821794	6.00	8.00
Howgate	The Howgate Restaurant www.howgate.com	Howgate Village, Penicuik	EH26 8PY	01968 670000	12.00	12.00
Lasswade/ Eskbank	Dobbies Restaurant www.dobbies.com	Dobbies Garden World, A772 Gilmerton Rd (Bike parking at entrance)	EH18 1AZ	0131 663 1941	9.00	9.00
	Elginhaugh Farm www.farmhouseinns.co.uk	9 Gilmerton Road (A772)	EH18 1AZ	0131 660 2480	8.00	8.00
	Eskbank Trading (take-away)	Station Road, Eskbank	EH22 3EU	0131 663 3442	7.00	7.00
	Esk Valley Table Table www.tabletable.co.uk (search name)	Melville Dykes Road (Bike parking)	EH18 1AN	0131 561 9000	7.00	7.00
	The Laird & Dog Hotel	8 High Street, Lasswade	EH18 1NA	0131 663 9219	7.30	7.30
	*Melville Castle Hotel www.melvillecastle.com	Gilmerton Road, junction B6392 and Melville Gate Road (Bike parking)	EH18 1AP	0131 654 0088	8.00	8.00
	The Melville Inn www.vintageinns.co.uk/pubs/themelvilleinnlasswade	Melville Nurseries Gilmerton Road A772	EH18 1AR	0131-660 4925	12.00	12.00
*The Paper Mill www.thepapermill-lasswade.co.uk	2 West Mill Road, Lasswade (Bike parking)	EH18 1LX	0131 663 1412	9.00	9.00	
Leadburn	The Leadburn Inn www.theleadburn.com	A701/A703/A6094	EH46 7BE	01968 676077	10.00	10.00
Loanhead & Straiton	Costa	Straiton Park Way (Bike parking near M&S)	EH20 9QY	0131 448 2497	8.00	9.00
	Dino's of Loanhead	56 Clerk Street, Loanhead	EH20 9RG	0131 440 0962	4pm	4pm
	Honeypot Café Loanhead www.thekabin.org.uk	The Kabin, 5 Mayburn Walk	EH20 9HG	0131 440 2541	9.00	Closed
	IKEA café www.ikea.com/gb/en/store/edinburgh	Straiton Road (Bike parking)	EH20 9PW	0131 440 6600	9.00	9.00
	Pentland Plants: Penola Cafe	Pentland Mains (Bike parking near car exit)	EH20 9QG	0131 440 0895	9.00	10.00
	Poddington's Coffee House	14 Straiton Mains (opp TK Maxx)	EH20 9PW	0131 440 0012	8.00	9.00
	Sainsbury's Supermarket cafe	Straiton Mains (Straiton Retail Park)	EH20 9PW	0131 448 2181	8.00	8.00
Millerhill	The Cockatoo www.cockatoomidlothian.co.uk	Old Craighall Road	EH22 1RY	0131 660 1211	12.00	12.30





Newton-grange 	The Dean Tavern www.deantavern.com	80 Main Street	EH22 4NA	0131 663 2419	9.00	10.00
	*National Mining Museum Scotland: Coal Shed Café www.nationalminingmuseum.com	Lady Victoria Colliery, A7 (Bike parking)	EH22 4QN	0131 663 7519	10.00	10.00
	Wheelhouse Café	140 Main Street	EH22 4PF	0131 629 3838	7.30	Closed
Pathhead	Juniperlea Inn www.juniperlea.co.uk	Blackshiels, Pathhead	EH37 5TE	01875 833225	1pm	1pm
Penicuik	The Clock Café and Bistro	3A High Street (Bike parking opposite)	EH26 8HS	07941 602334	8.00	9.00
	The Gallery Café www.penicuikarts.org	4 West Street	EH26 9DL	01968 678804	10.00	Closed
	Giovanni's Bistro	7 High Street (Bike parking opposite)	EH26 8HS	01968 679217	9.00	9.00
Roslin	Dolly's Tea Room www.chapelcrossguesthouse.co.uk	2 Penicuik Road	EH25 9LH	0131 440 3328	10.00	10.00
	The Original Roslin Inn www.originalhotel.co.uk	4 Main Street (Bike parking next restaurant entrance)	EH25 9LE	0131 440 2384	12.00	12.00
Shawfair	The Old Colliery	1 Old Dalkeith Road	EH22 1FD	0131 654 2822	10.00	10.00
Straiton	See Loanhead					

Visitor attractions

Some attractions also offer refreshments. Phone ahead to check on opening hours and special offers to cyclists.

(* denotes holder of Visit Scotland Cyclists Welcome Award)

Cousland	Cousland Smiddy www.cousland.net/smiddy	Cousland (Bike parking)	EH22 2NZ	0131 663 8118 07803 940630
Crichton	Crichton Castle www.historic-scotland.gov.uk (search for Crichton Castle)	Crichton, Pathhead	EH37 5XA	01875 320017
Dalkeith	Dalkeith Country Park www.dalkeithcountrypark.co.uk	Dalkeith (Bike parking near Coffee Bar)	EH22 2NA	0131 654 1666
Gorebridge	Arniston House www.arniston-house.co.uk	Gorebridge	EH23 4RY	01875 830515
Lasswade	Dobbies Garden World www.dobbies.com	Melville Nursery, Gilmerton Road A772 (Bike parking at entrance)	EH18 1AZ	0131 663 1941

	Edinburgh Butterfly & Insect World www.edinburgh-butterfly- world.co.uk	Dobbies Garden World, Gilmerton Road A772 (Bike parking at Dobbies entrance)	EH18 1AZ	0131 663 4932
	Melville Golf Centre, Range, Course & Shop www.melvillegolf.co.uk	Lasswade Road (A768, near Eskbank)	EH18 1AN	0131 663 8038
Newton- grange 	*National Mining Museum Scotland www.nationalminingmuse um.com	Lady Victoria Colliery, A7 (Bike parking in car park)	EH22 4QN	0131 663 7519
Penicuik	Penicuik House www.penicuikhouse.co.uk	Carlops Road (Secure parking available when Rangers on site)	EH26 9LA	01968 670738
Roslin 	*Rosslyn Chapel www.rosslynchapel.com	Chapel Loan (Bike parking in car park)	EH25 9PU	0131 440 2159



Cycle shops, cycle hirers, cycle engineers and cycle tour organisers

(including suppliers of electric bikes, tailored bike and tricycle adaptations. Check with businesses for details of their services *and times of opening*)

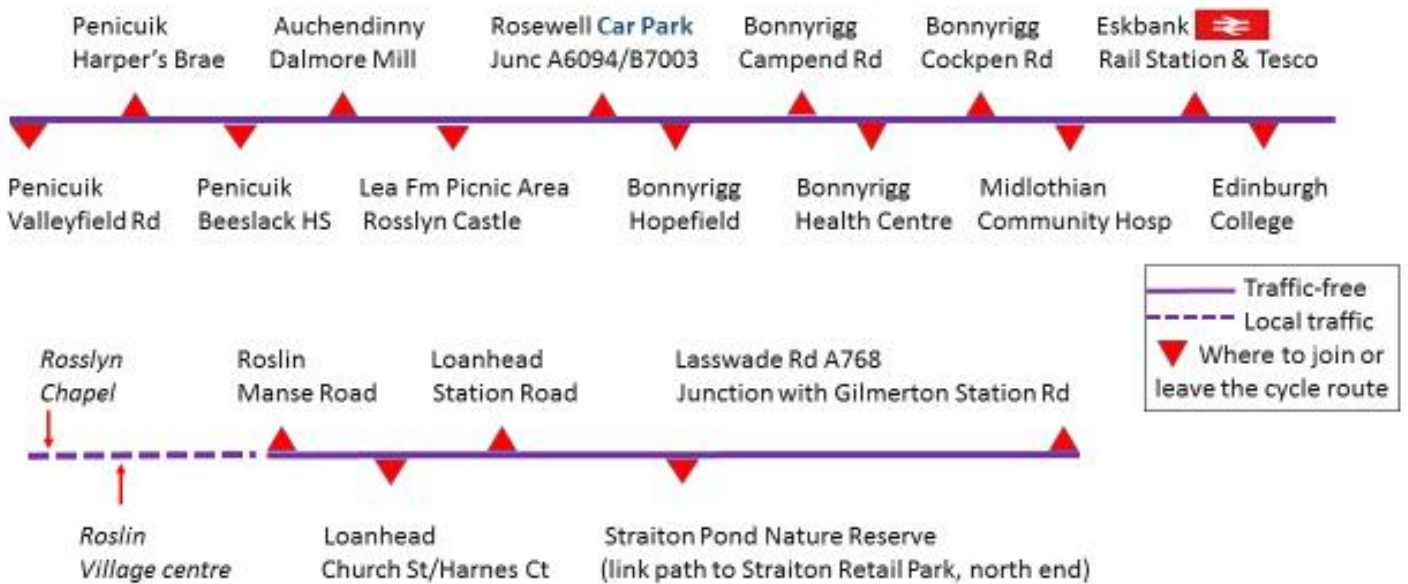
Dalkeith	Criterion Cycles Bike Hire	Dalkeith Country Park, Dalkeith	EH22 2NA	0131 663 5569
Lasswade	Criterion Cycles www.criterioncycles.co.uk	Dobbies Garden World, Gilmerton Rd A772 (Bike parking at Dobbies entrance)	EH18 1AZ	0131 663 6220
Loanhead	Halfords www.halfords.com	Straiton Retail Park (north) (Bike parking)	EH20 9PW	0131 448 2248

Midlothian -wide	The Bike Spark www.thebikespark.eu	Electric bike mechanic		07710 110257
	Service Course www.servicecourse.com	Luxury cycling tours		07887 821290
	Tartan Bicycle Company www.tartanbiketours.com	Mobile bike engineer/hirer and tours		07973 940924
Newton- grange	Mutts Cycles	13 Station Road	EH22 4NB	0131 629 3350
	RUTS www.ruts.org.uk	Former Central Workshop Lady Victoria Colliery, A7	EH22 4QN	0131 663 5736
Penicuik	Motavation www.motavationpenicuik.co .uk	26 Edinburgh Road, Penicuik	EH26 8NW	01968 673127

Where can I cycle without traffic?



We have traffic-free cycle paths between Dalkeith (Edinburgh College) and Penicuik (Valleyfield Road) via Bonnyrigg (8 miles), and between Roslin (Manse Road) and Lasswade Road at its junction with Gilmerton Dykes Road, Edinburgh, via Straiton Pond and Loanhead (3.5 miles). The Roslin to Lasswade Road cycle route now connects with the cycle path network in the City of Edinburgh via the Gilmerton-Rosslyn Chapel Way (www.edinburgh.gov.uk “Explore Edinburgh...”)



National Cycle Routes 1 and 196 pass through Midlothian, connecting with East Lothian, Edinburgh, the Scottish Borders and the rest of the UK. For details of the National Cycle Network, visit www.sustrans.org.uk. For a downloadable map and other information and advice about cycling in Midlothian, visit www.midlothian.gov.uk/cycling. For a cycle route planner, visit www.cyclestreets.net. For a large-scale paper map of cycle routes in Midlothian, published by Spokes, ask at bike shops or visit www.spokes.org.uk. For a free map and leaflet of the North Esk Cycle Loop (14-mile circular cycle ride) visit www.visitmidlothian.org.uk/cycling/.

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